

- Portable oxygen cylinder (D size) with a flowmeter and pressure reduction valve
- Oxygen face mask with tubing
- Oropharyngeal airways –sizes 1, 2, 3 and 4 (Figure 2)
- Pocket mask with port for oxygen – Figure 3
- Bag and mask apparatus (1 litre bag capacity) with oxygen reservoir
- Well-fitting face masks
- Portable suction
- Single-use sterile syringes and needles
- ‘Spacer’ device for inhaled bronchodilators
- Blood glucose measurement device
- Automated External Defibrillator (AED) – Figure 5

Drug	Route of Administration
Oxygen	Inhalation
Glyceryl trinitrate (GTN) spray (400 micrograms per actuation)	Sublingual
Dispersible aspirin (300 mg)	Oral (chewed)
Salbutamol aerosol inhaler (100 micrograms per actuation)	Inhalation
Adrenaline injection (1:1000, 1 mg/ml)	Intramuscular
Glucagon injection (1 mg)	Intramuscular/subcutaneous
Oral glucose solution/gel (GlucoGel®)*	Oral
Midazolam 10 mg or 5 mg/ml (buccal or intranasal)	Infiltration/inhalation
*Alternatives: 2 teaspoons of sugar/3 sugar lumps 200 ml milk Non-diet Lucozade® 50 ml Coca-cola® non-diet 90 ml If necessary this can be repeated at 10-15 minute intervals.	